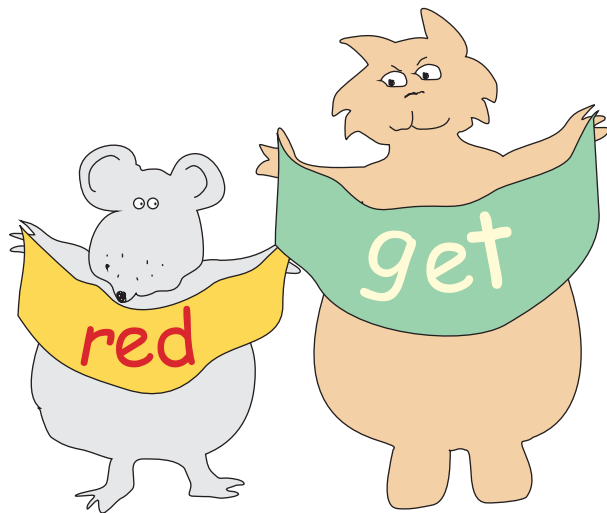


# Quick Start Guide

Book Two

Short Vowel  
**e**

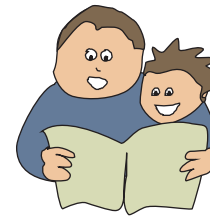


Written and illustrated by

Miz Katz N. Ratz

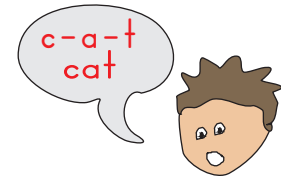
A Progressive Phonics™ book

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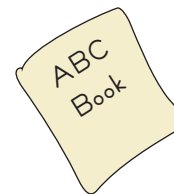
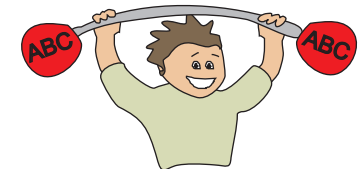
Read the book WITH your child. You read the “regular” text, and he/she reads the big, red words, sort of like reading the different parts in a play.

Help your child sound out the words as needed.



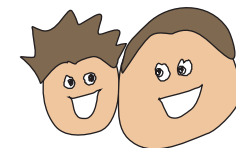
Read the book several times. This helps develop the eye muscles and left-to-right reading patterns that are necessary for reading.

Don't rush it. Body builders don't train in a day – neither does a child.



If your child is having difficulty, he/she might need more practice with the alphabet. Get a fun book about the alphabet, and read that lots of times. Then come back to Progressive Phonics.

And most important of all, HAVE FUN!



## Short vowel "e" word list

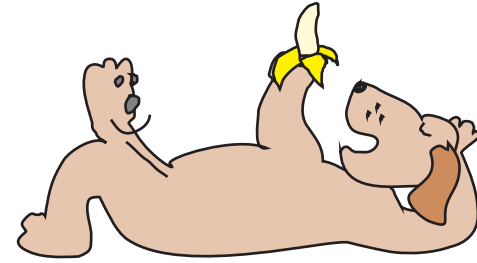
bed Ed fed red Ted  
wed

beg keg leg peg

Ben hen Ken men  
pen ten

bet get jet let met pet  
set vet wet yet

Rex Tex vex



If I **fed** my dog bananas, and

I **fed** him peanuts too, would

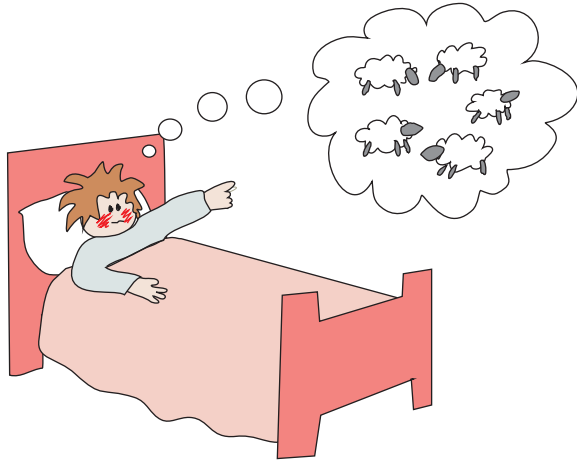
he turn into a monkey? Would they

take him to the zoo? But if I

**fed** my dog some pizza, and I

**fed** him candy too, would he turn

into a person, just like me and you?



My brother, **Ted**,  
 has a big, **red bed**,  
 but he never goes to sleep.  
 He just lies in **bed**,  
 his face all **red**,  
 counting lots of sheep.



My cousin, **Ed**, is soon  
 to **wed**, but I can't go  
 because I feel half dead.  
 My throat is **red**, my eyes  
 are **red** – I think that I  
 should go to **bed**.



My dog has one **leg** in  
the water; the other **leg**

is dry. He takes a bath

one **leg** at a time —

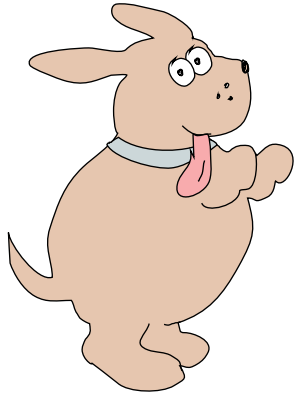
I really don't know why.



If I was a pirate, my **leg** would  
be a **peg**, and I would drink  
water from a wooden **keg**.

I would call my parrot Polly. Her  
**leg** would be a **peg**. And

we would sing pirate songs, standing  
by the **keg**.



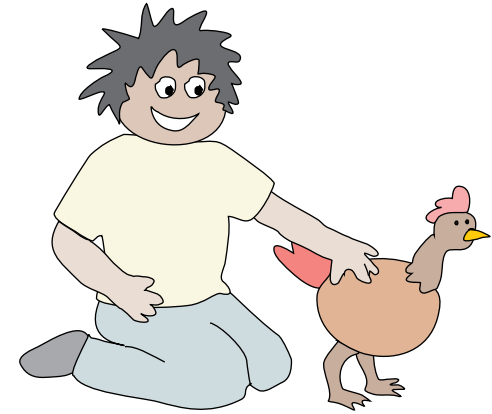
My dog can **beg** for dinner.

He can **beg** with both front feet. He can **beg** for a bone;

he can **beg** for a treat; he

can **beg, beg, beg**

for what I eat.



**Ben** has a **hen** that he calls **Ken** – but **Ken** is for a he, and a **hen** is a she.

**Ben** doesn't care, and neither does the **hen**, so he calls her **Ken** again and again.



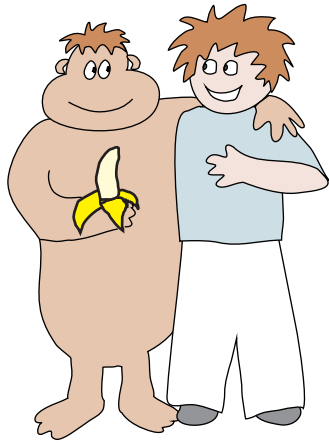
Ben has **ten** of everything –  
**ten** trains, **ten** clocks, and  
**ten** pairs of stinky socks.

Ben gets up at **ten** o'clock,  
 and puts on a pair of stinky socks.

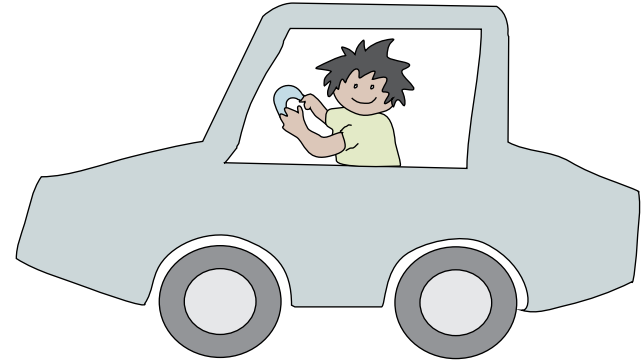
Then **Ben** brushes his teeth,



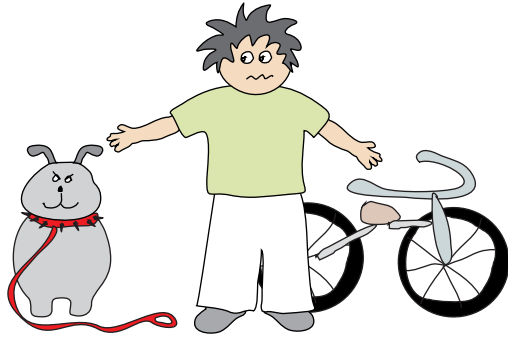
and runs downstairs in his stinky  
 feet. I wish that **Ben** would  
 wash his socks, but his **ten** bars  
 of soap are always lost. I guess  
 there's nothing I can do – I'm  
 just so glad I'm not his shoe.



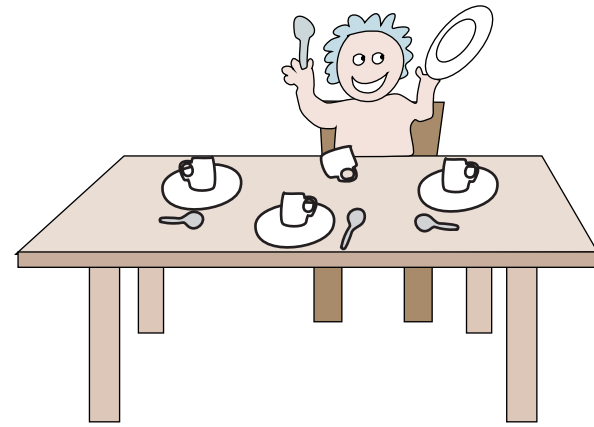
Today I **met** a monkey; a  
 monkey I **met**. I thought he  
 would make a very nice **pet**.  
 So the monkey that I **met**  
 came home with me — aren't you  
 glad that I didn't meet three?



Will you **let** me drive  
 the car, and will you **let**  
 me stay up late, and will  
 you **let** me get a job  
 when I turn eight?

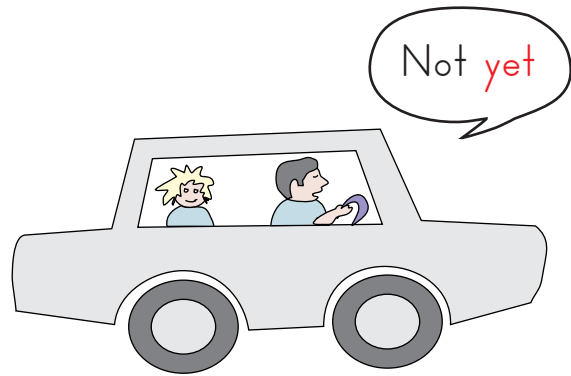


For my birthday, I will **get** a  
 bike. I will also **get** a cake and  
 a dog called Spike. And Spike  
 will **get** a collar, and Spike  
 will **get** a leash – wait!  
 Why will Spike **get** anything?  
 It's MY birthday, ding-a-ling!

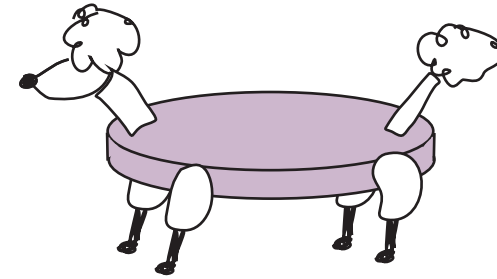


I always **set** the table.  
 I **set** it every day.  
 I **set** down the spoons;  
 I **set** down the cups;  
 then my baby brother  
 messes it up.

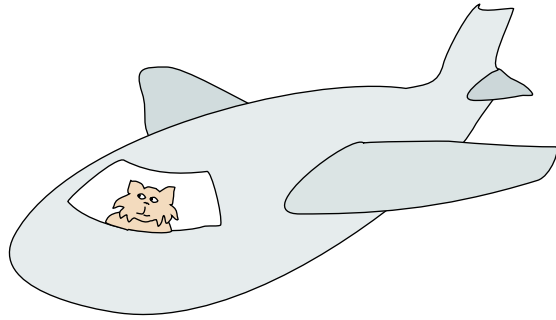




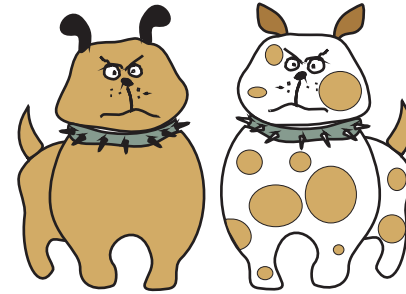
When I ask my dad, "Are we there **yet**?", he always says, "Not **yet**." And when I ask if we can stop, he always says, "Not **yet**." I never know when is "**yet**" – but I **bet** that we are not there **yet**.



I took my **pet** to see the **vet**, and the **vet** gave my **pet** a pill. But the pill from the **vet** was bigger than my **pet**, and it stuck inside her tummy. So my **pet** became a purple pill – don't laugh, it isn't funny.



If you **let** your **pet** fly a  
**jet**, he will fly it to the moon.  
 And if you do **let** your **pet**  
 fly a **jet**, and he flies it to be moon,  
 don't expect your **pet** or the jumbo  
**jet** to come back anytime soon.



I know two dogs called **Rex**  
 and **Tex**. **Rex** and  
**Tex** are mean. Never **vex**  
 (that means to annoy) **Rex**  
 or **Tex**, or they will make  
 you scream.

# Mix it up

Up until now, each “story” focused on just a few letters and words at a time.

In the “Mix It Up” section, we “step it up” by highlighting a sampling of ALL words that the child should know by now.

If the child has trouble with the “Mix It Up” section, re-read the earlier portion of this book to help the child develop better recognition of these particular words.

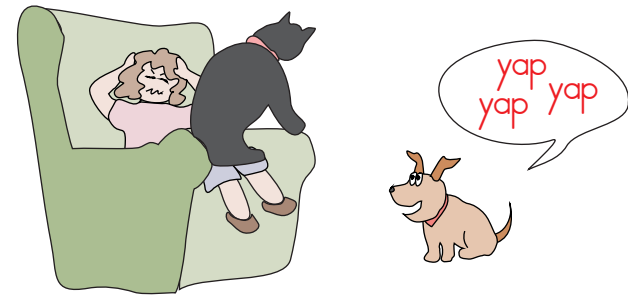


I **met** a **man**, and  
 a **man met** me. We  
**met** very close to the sea. The  
**man** that I **met** was a  
 little bit **wet**, so the **man**  
 that I **met** was a fish I **bet**.

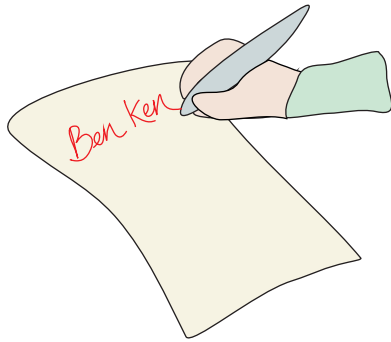


If I **get wet**, I am  
going to get **mad**. If I **get**  
**wet**, it will be very **bad**.

if you think I **am a** fish who likes  
to **get wet**, maybe you  
need to **get** another **pet**.



**Ken** and **Pam** are my dog  
and **cat**. **Pam** can  
**nap** all day in my **lap**.  
**Ken** likes to bark and **yap**,  
**yap**, **yap** and wake up  
**Pam** so she can't **nap**.



When I **am ten**, I want  
 a **pen** to write my name,  
**Ben Ken Zen.**

I mix it up, so I need **a pen**  
 – was it **Ken Ben**  
**Fen**, or **Zen Ben**  
**Ken?**



Remember **Ben** who **had**  
 stinky socks? His shoes **ran** off  
 and his socks got lost. His **dad**  
**had** to buy **a bag** of  
 socks, and **Ben had** to  
 learn to wash, wash, wash.

The End

Next:  
Progressive Phonics  
Book 3: Short Vowel "i"

[www.ProgressivePhonics.com](http://www.ProgressivePhonics.com)

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