

Beginner Book Two

Short Vowel  
**e**



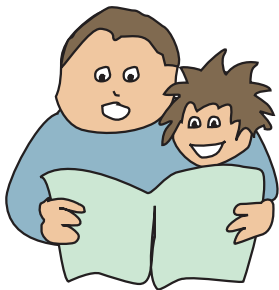
Written and illustrated by

Miz Katz N. Ratz<sup>T.M.</sup>

A Progressive Phonics<sup>T.M.</sup> book

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# Quick Start Guide



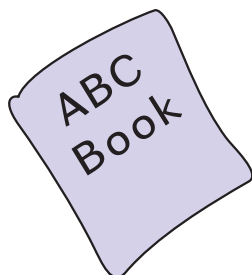
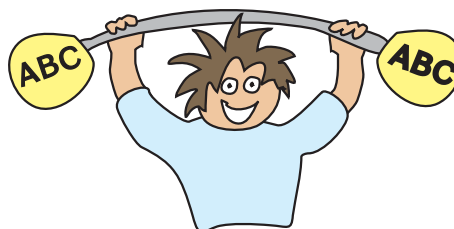
Read the book WITH your child. You read the “regular” text, and he/she reads the big, red words, sort of like reading the different parts in a play.

Help your child sound out the words as needed.



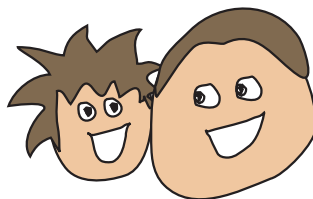
Read the book several times. This helps develop the eye muscles and left-to-right reading patterns that are necessary for reading.

Don't rush it. Bodybuilders don't train in a day – neither does a child.



If your child is having difficulty, he/she may need more practice with the alphabet. Get some fun books about the alphabet, and read them many times. Then come back to Progressive Phonics.

And most important of all, HAVE FUN!



## Words taught in this book:

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Ed, bed, fed, red

yes

Rex, Tex, vex

bet, get, jet, let, met, pet, wet, yet

leg

Ben, hen, Ken, men, pen, ten

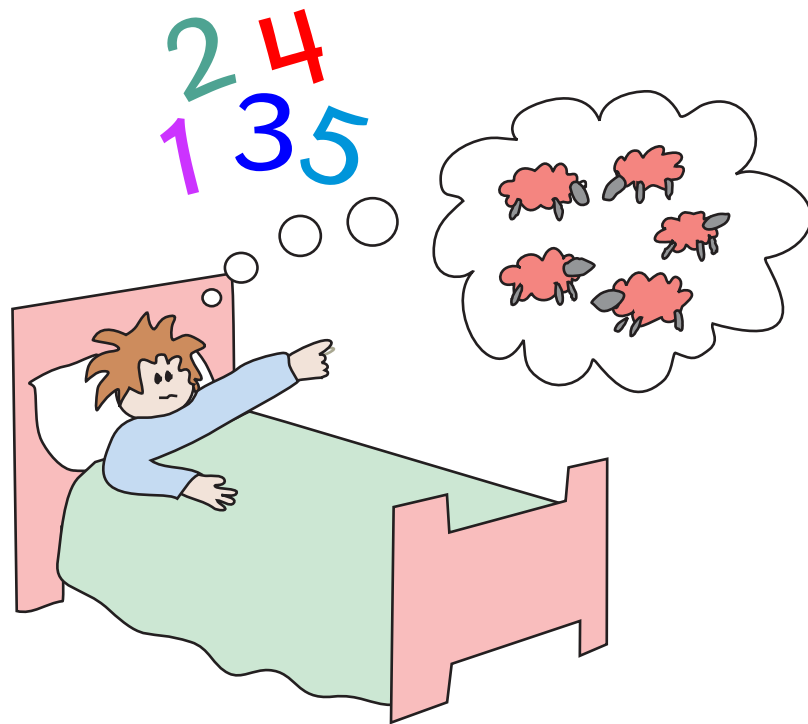
## The above list includes the following Dolch\*\* words:

get, let, red, ten, yes

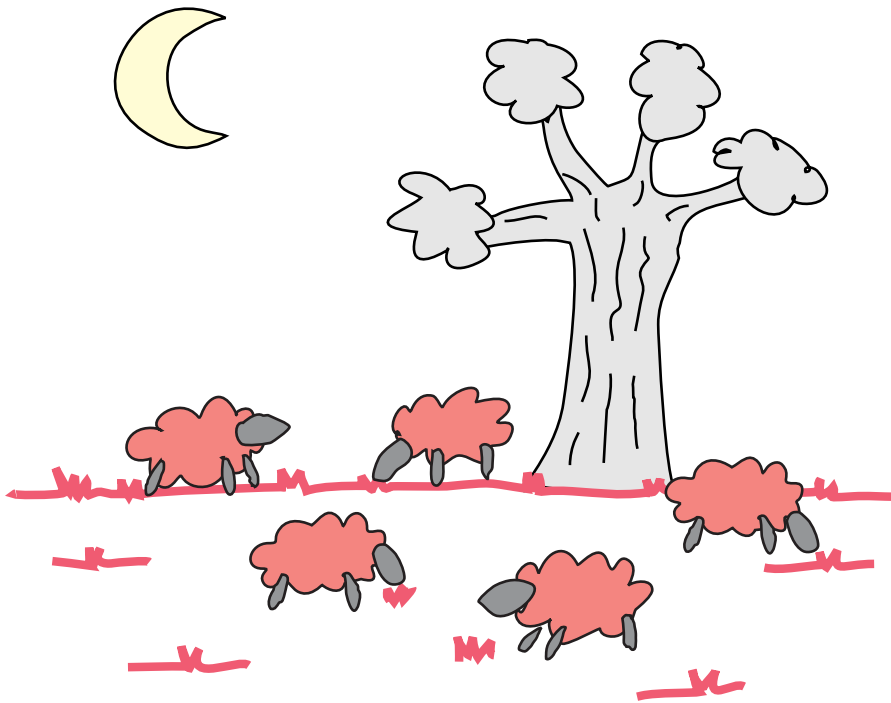
\*\* Dolch words: This is a list of 220 words that comprise 50%—80% of all written texts in English. These words were identified by Edward William Dolch, PhD., in 1948; the theory is that children who can read these words rapidly and without conscious effort will be well on their way to becoming good readers. The “Dolch List” is the backbone of many English reading programs, including Progressive Phonics.

Ed  
bed  
fed  
red

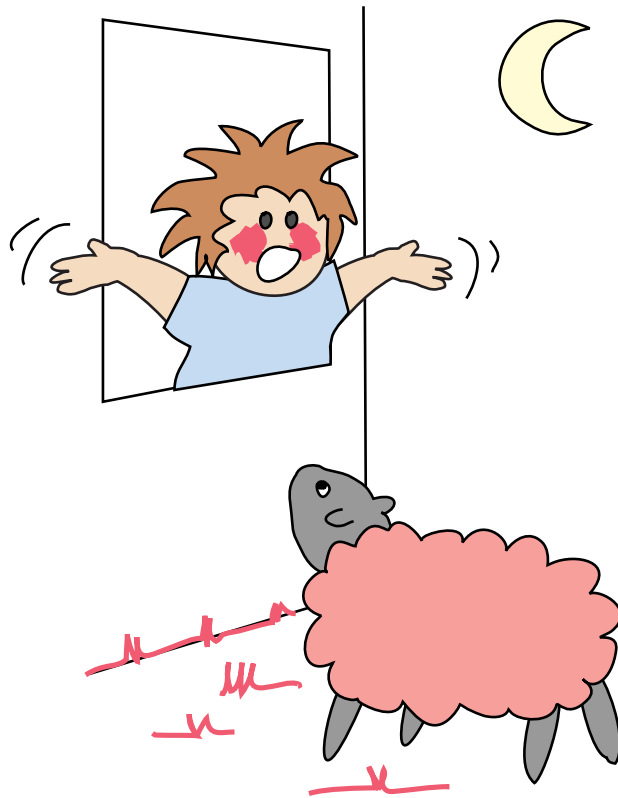
# Red Sheep



My cousin, **Ed**, has a  
big, **red bed** and  
big, **red** sheep inside  
his head. Every night,  
when he goes to sleep,



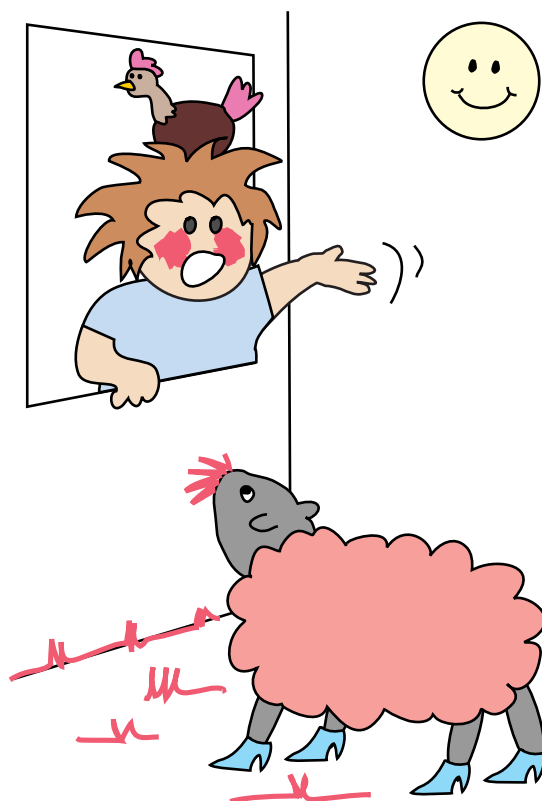
**Ed** likes to count his  
big, **red** sheep. Then  
one night, the sheep were  
gone. They were outside  
on the big **red** lawn.



“Hey!” said **Ed**, his face  
all **red**, “You sheep  
should go back in my head.”  
But the **red** sheep  
laughed, “Go back to

(This picture has 5 differences.)

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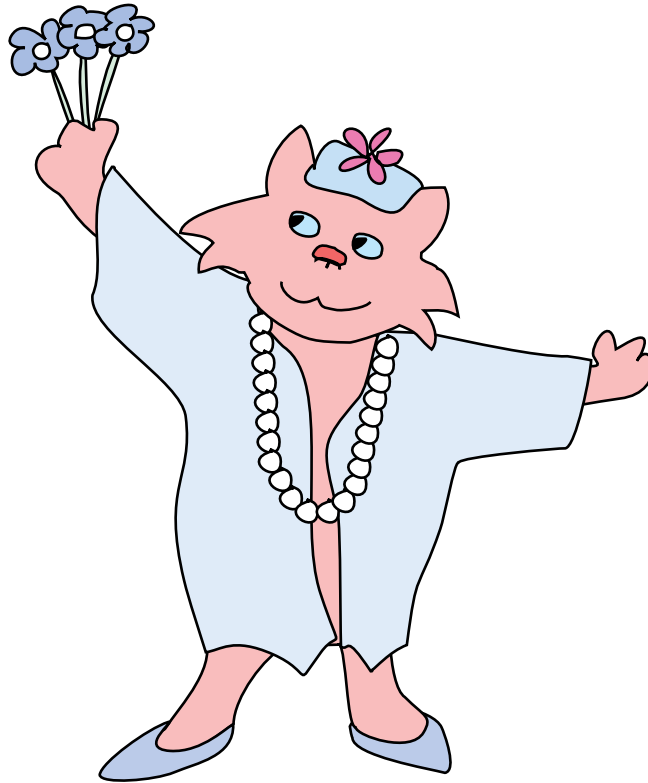


**bed.** We'll only come  
home when we are **fed.**  
Big, **red** sheep may not  
be real, but big **red** sheep  
need a big, **red** meal."



yes

## My Red Cat, 'Blue'



**Yes**, it is funny. **Yes**,  
it is true. **Yes**, I have a  
**red cat**. And **yes**,  
I call her "Blue." **Yes**,  
my **cat** has **red** fur,

(This picture has 5 differences.)

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and a **red** dot on her  
nose, but my big, **red**  
**cat** has blue eyes, and  
she likes to wear blue  
clothes. **Yes**, she

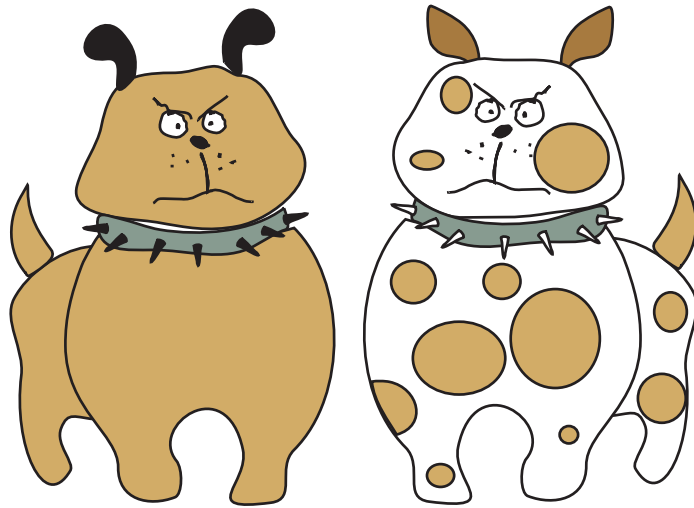


paints her toenails—and  
**yes**, she paints them  
blue. Call her “**Red**”  
if you want to, but she  
won’t answer you.

Rex  
Tex  
vex

## Rex And Tex

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I know two dogs called

**Rex** and **Tex**. **Rex**

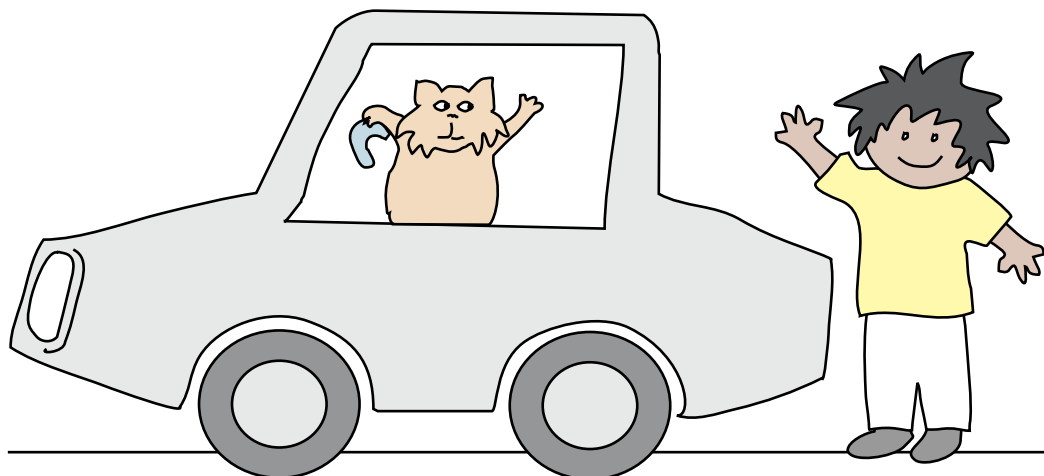
and **Tex** are mean. Never

**vex** (that means to annoy)

**Rex** or **Tex**, or they

will make you scream.

bet  
get  
jet  
let  
met  
pet  
wet  
yet

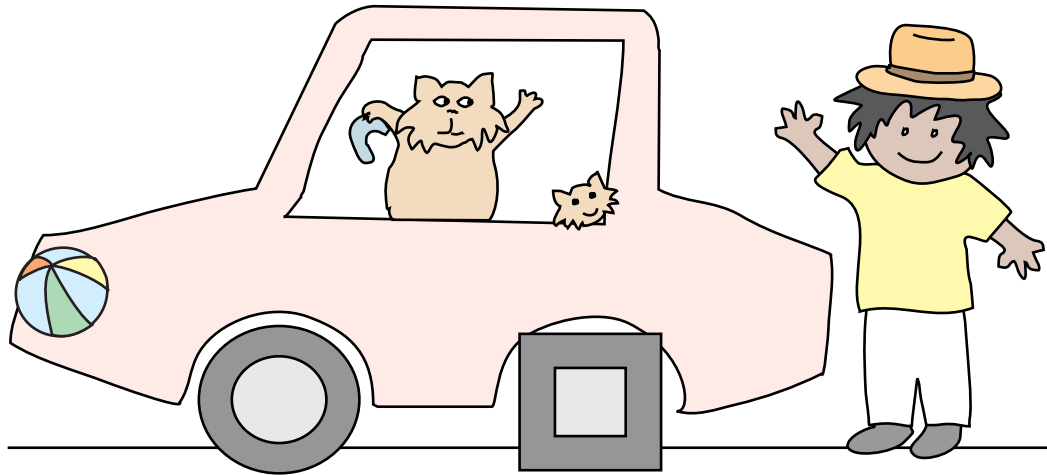


One day I thought I would  
**let** my **pet** try to drive the  
car. So I gave him the keys,  
and I **let** him drive away,  
but then he drove too far.

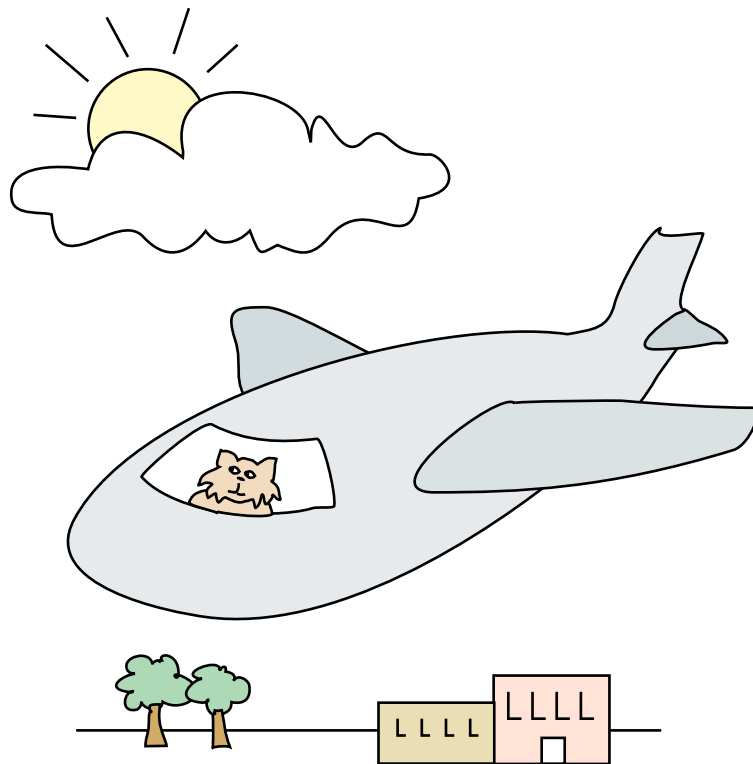


(This picture has 5 differences.)

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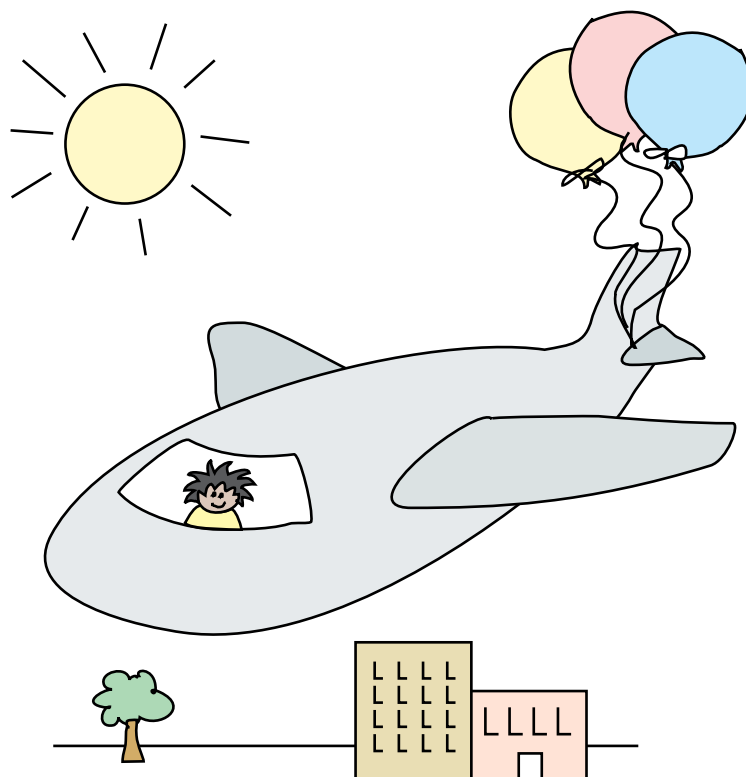
My **pet** said he was out  
of gas when he called me  
on the phone, so I **had**  
to **get** a taxi to **get**  
my **pet** back home.



Then my **pet** saw a  
silver **jet**, and he said,  
“**Let** me fly.” Silly me, I  
**let** him. I really don’t  
know why. Well, my **pet**

(This picture has 5 differences.)

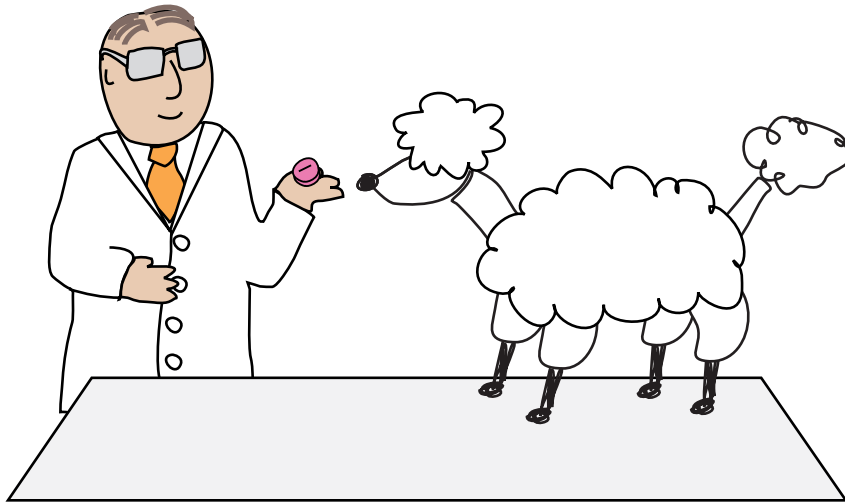
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flew the **jet** for an hour  
or two, but the **jet** was  
low on fuel. So now I  
only **let** my **pet** fly  
me home from school.

# Purple Pet

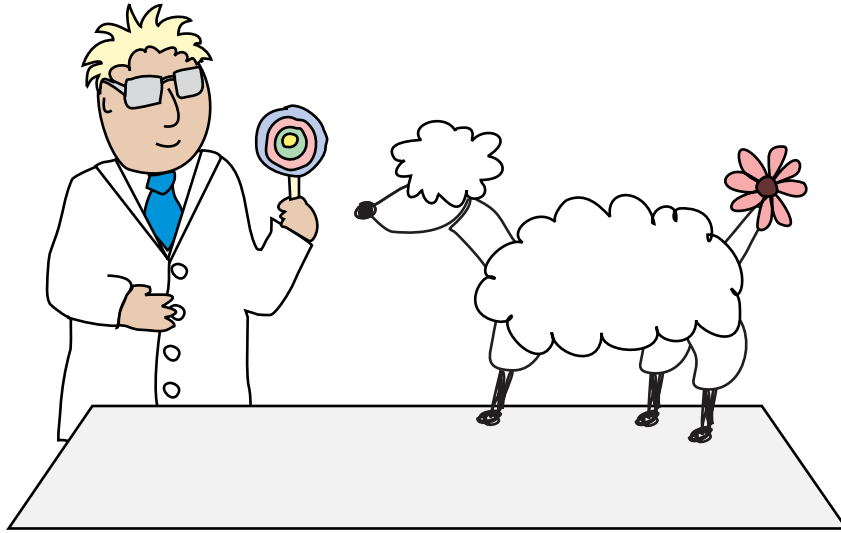
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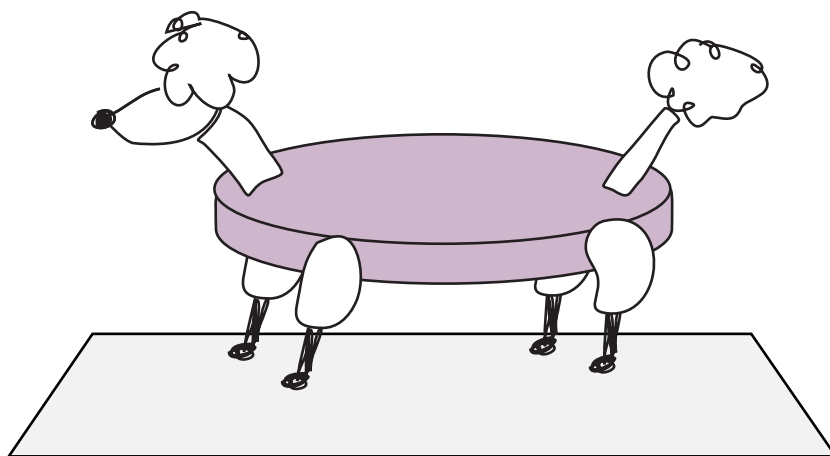
I took my **pet** to see the  
**vet**, and he gave my **pet**  
a pill. I asked my **pet**, “Are  
you better **yet**?” She said,  
“Not **yet**, I **am** ill.”

(This picture has 5 differences.)

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So the **vet** gave my **pet**  
a bigger pill and a lollipop to  
lick. I asked my **pet**, “Are  
you better **yet**?” She said,  
“Not **yet**, I **am** sick.”



So the **vet** gave my **pet**  
a giant pill, but it stuck inside  
her tummy. And now my  
**pet** is a purple pill—don't  
laugh; it isn't funny.

leg

## One Leg At A Time



My dog doesn't like to

**get wet**, so a bath

takes a long, long time. He

will only **get wet** one

**leg** at a time. Why, oh, why

does he have to have nine?



Ben  
hen  
Ken  
men  
pen  
ten

# The Stinky Socks

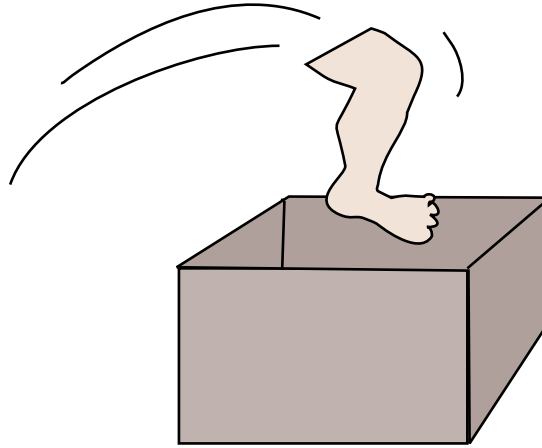


**Ben** has **ten** of  
everything. **Ten** trains,  
**ten** clocks, and **ten**  
pairs of stinky socks. Every  
morning at **ten** o'clock,  
**Ben** puts on a stinky sock.



Then **Ben** brushes **ten** of his teeth and runs downstairs with stinky feet. But **Ben** can never go outside; his **ten** shoes always run and hide.

Then one day his **leg** said,



“No! Your stinky socks have  
got to go!” **Ben** did not  
listen to his **leg**, and then  
that night, when he went to  
**bed**, his **leg** ran off and  
hid in a box, where it would not



have to smell those socks.

“Oh, no!” said **Ben**, “My

**leg** is lost! I really must

go wash my socks.” **Ben**

threw his socks into a sink

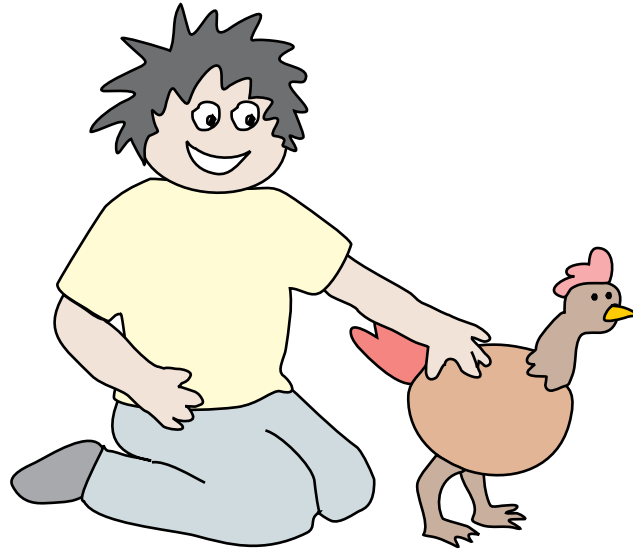
with special soap to kill the

(This picture has 5 differences.)

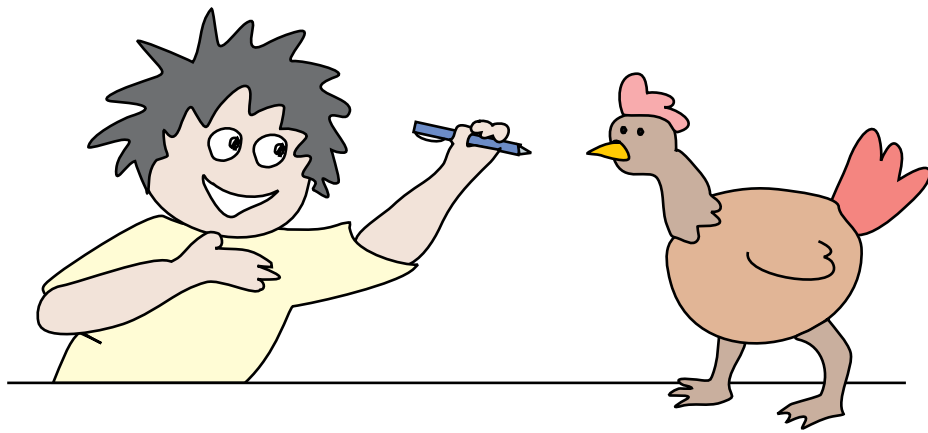
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stink. **Ten** times, **Ben**  
washed those socks, and then  
he washed **ten** trains and  
clocks. His **leg** came back,  
and all was well because there  
was no more smell.

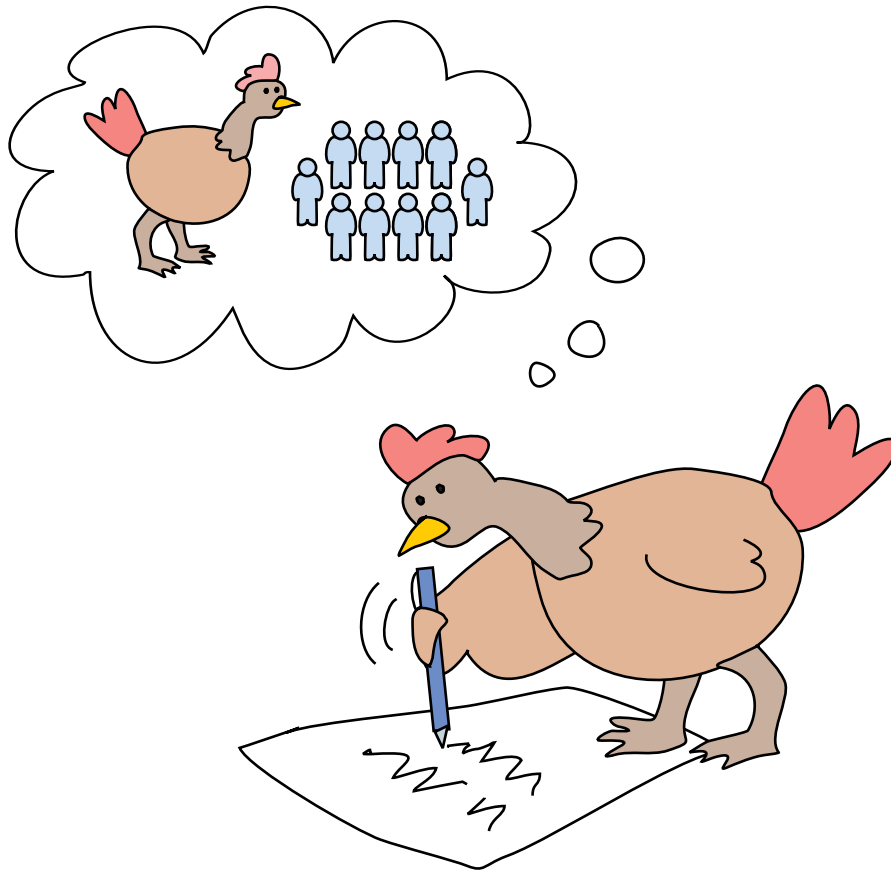


**Ben** has a **hen** that  
he calls **Ken**—but  
**Ken** is a name for boys  
and **men**. But **Ben**  
doesn't care, and neither



does the **hen**, so he  
calls her **Ken** again  
and again. One day, **Ben**  
says to his **hen**, “This  
**pen** is for **men**,

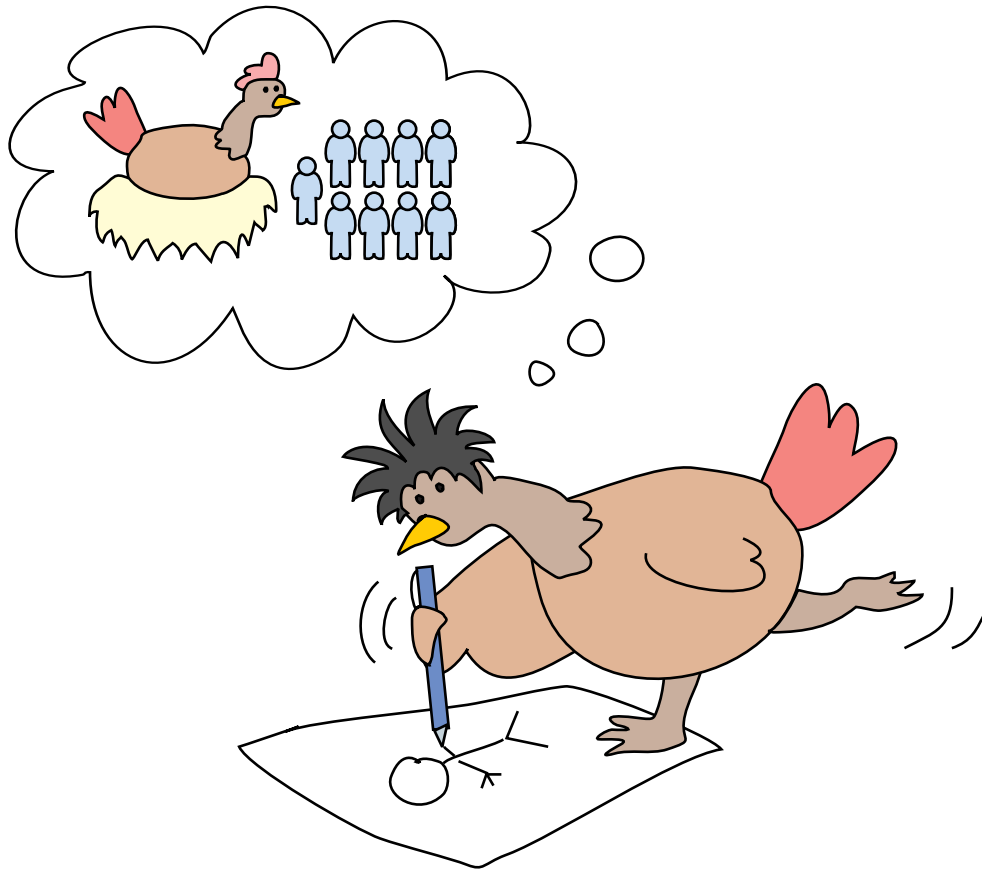




but a **pen** for **men**  
**can** be used by a **hen** if  
her name is **Ken**.” So the  
clever little **hen** takes the  
**pen** from **Ben** and

(This picture has 5 differences.)

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writes these words again and  
again: “**Ken** the **Hen**  
is as big as **ten men**,  
so **Ken can** keep the  
**pen, pen, pen.**”

## NOTE TO TEACHERS/PARENTS

In Part Two, we teach the two “types” of fonts for the letter “g”:



We are teaching this because many children’s books use a “serif” style of font. (Serifs are short lines and “curls” that are attached to a letter’s basic shape. Serifs help make printed letters easier to read.)

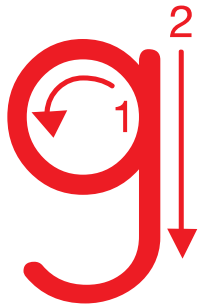
If you read a variety of books with your child/students, it’s a good idea to introduce serif fonts sooner than later.

If your child/student is very young, or if he/she struggles with this information, you may want to skip this section and come back to the subject when your child has more experience with reading.

## How we write the letter “g”:



The basic shape is a ball with a stick.



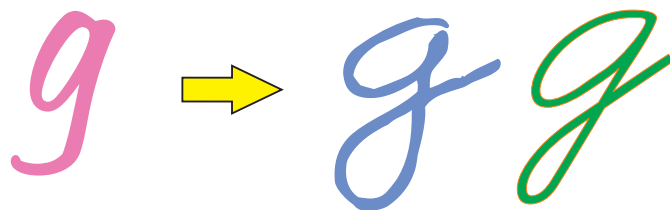
First we draw the ball, and then we draw the stick, which has a little “curl” on the bottom

Everyone’s handwriting is a little different, but we can see that each letter “g” has a ball and a curly stick.



## A “g” with a loop:

When some people write the letter “g,” they change the “curl” at the bottom into a little “loop” –



And many books use a special “book-style” letter “g” with a loop at the bottom:



It has a tiny little “stick” that sticks out sideways.

The lower leg is a loop



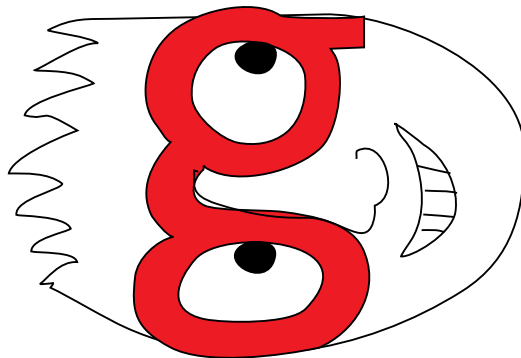
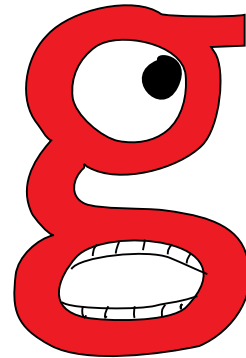
## A funny looking letter..

What do you think the “book-style” letter “g” looks like?



A scared man with a big tummy?

A one-eyed alien with teeth?



A man wearing sunglasses?



If I **get wet**,

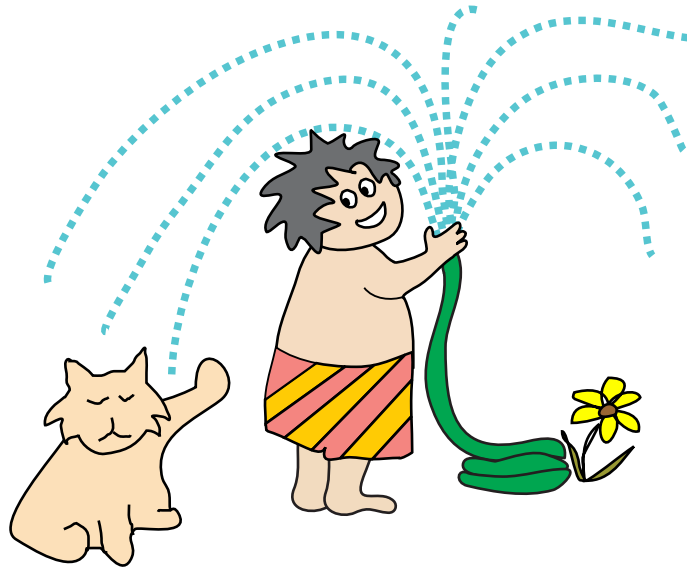
I will be so **mad**.

If I **get wet**, it

will be very **bad**.

(This picture has 5 differences.)

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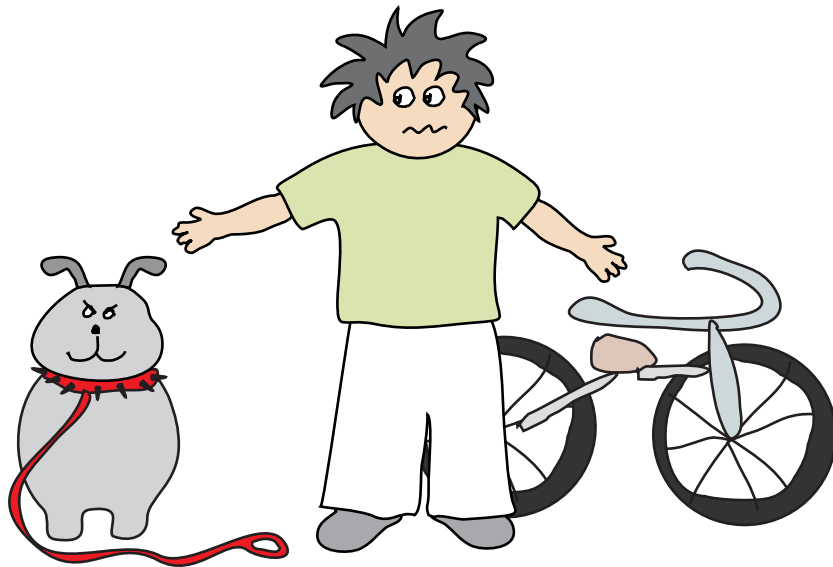
I **am** a **cat**, and

I have **cat** teeth.

If I **get wet**, I

will bite your feet.

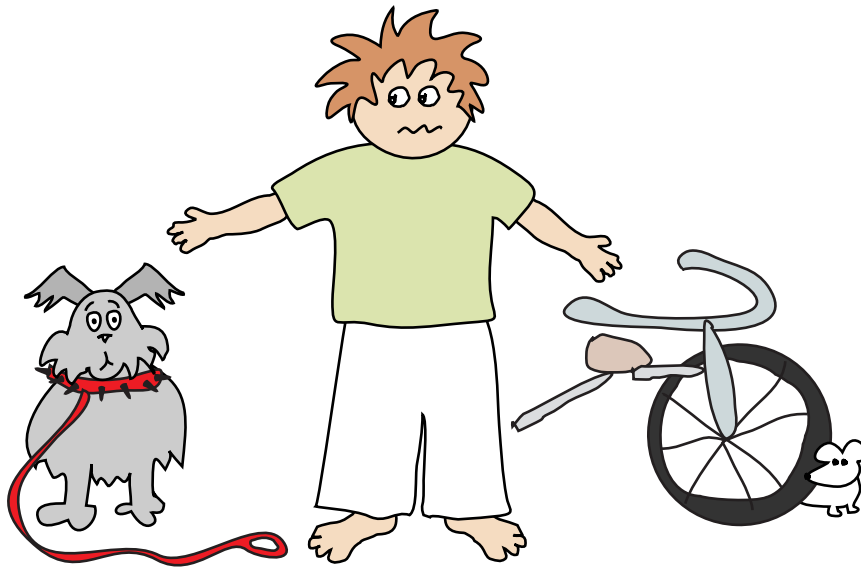




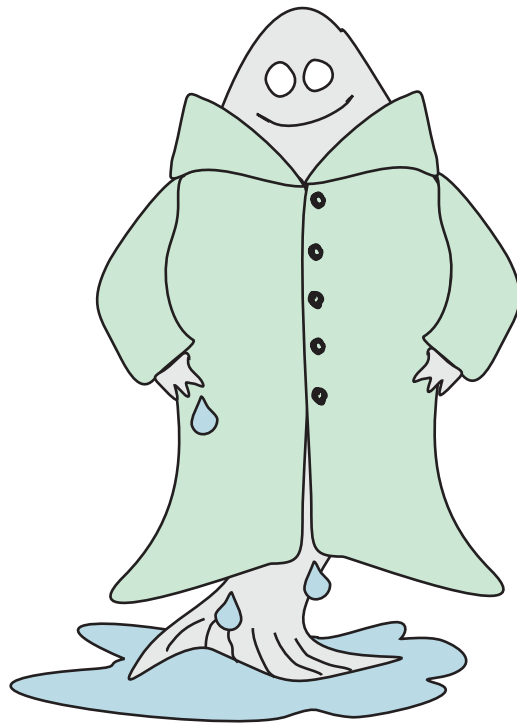
For my birthday, I will  
**get** a bike. I will also  
**get** a cake and a dog  
called Spike. And Spike  
will **get** a collar, and

(This picture has 5 differences.)

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Spike will **get** a  
leash – wait! Why will  
Spike **get** anything?  
On my birthday, I  
**am** the king!



I **met** a **man**

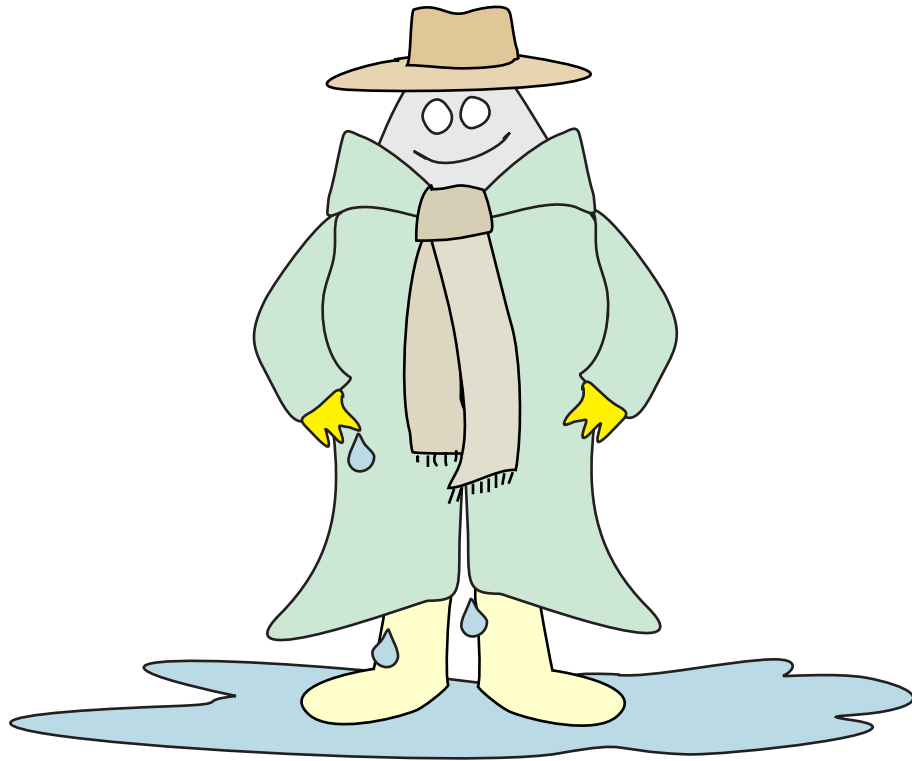
down by the sea. I

**met** a **man**, and

a **man met** me.

(This picture has 5 differences.)

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But the **man** that I  
**met** was a little bit  
**wet**, so the **man** that  
I **met** was a fish, I **bet**.

## Suggested activities:

### Younger children:

Flash cards and memory games using alphabet letters and simple words.

Finger painting, especially to make shapes (circles, squares, lines, triangles) and to make different alphabet letters.

Tracing, connect-the-dots, mazes, etc.

Beginner-style handwriting exercises (writing readiness).

### Older children:

All the above plus:

More handwriting (writing actual words, not just tracing letters).

Photocopy a page from a book (such as Dr. Seuss's Green Eggs and Ham) and have the child find and circle words with a "book-style" letter "g."

# The End

Next:  
Progressive Phonics  
Book 3: Short Vowel “i”

[ProgressivePhonics.com](http://ProgressivePhonics.com)

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