

## Alphabet “Air Writing” Instructions

- Movements – especially big movements – help a child memorize the writing patterns for each letter.
- Vocalizing the steps (saying the steps out loud) also helps with the memory – this is not a silent exercise!
- Children should use the arm that they write with.
- The movements also help strengthen the arm and shoulder muscles that are used in regular handwriting.
- We recommend “air writing” the capital letters every day (while learning the capital letters), just before your daily handwriting practice time.

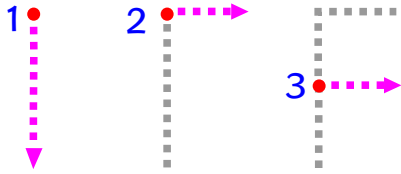
Note: If you are standing in front of your students, remember turn sideways or “write” the letters backwards, so that the letters appear the right-way-around to your class.

# Alphabet "Air Writing" #2

(say the words out loud and have your students repeat them)

(print this page for reference)

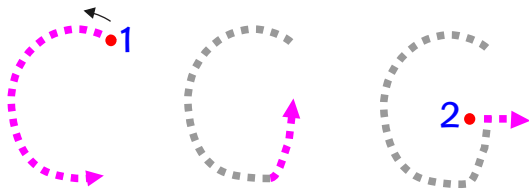
## Capital F:



## Words:

“Capital ‘F’ - -ffff- for flowers, growing in the ground (draw the first line down) with two pretty flowers (draw the horizontal lines), waving around.”

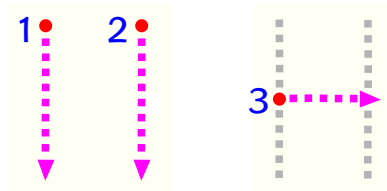
## Capital G:



## Words:

“Capital ‘G’ is a ‘C’ with a foot in its mouth.”  
(The horizontal line is the “foot.”)

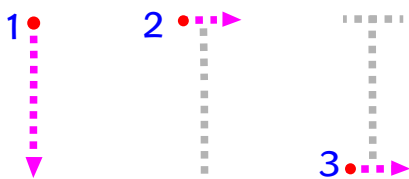
## Capital H:



## Words:

“Capital ‘H’ – one hand, two hands, waving hello. Draw the line in the middle, and you’re good to go.”  
(“Good to go” means finished; complete.)

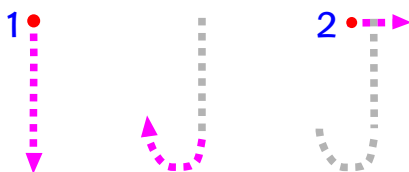
## Capital I:



## Words:

“Capital ‘I’ – you draw a big stick with a top and a bottom.”

## Capital J:



## Words:

“Capital ‘J’ is a jellyfish, curving around. Its body (draw the top line) is on top, and its arms are hanging down.”