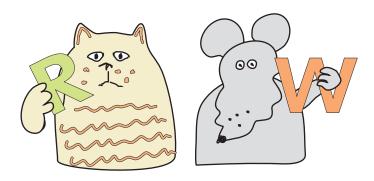
Book Eleven

Arr! Ow!

Intro to "R" and "W" Controlled Vowels



Written and illustrated by

Miz Katz N. Ratz

A Progressive Phonics book

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Quick Start Guide



Read the book WITH your child. You read the "regular" text, and he/she reads the big, red words, sort of like reading the different parts in a play.

Help your child sound out the words as needed.





Read the book several times. This helps develop the eye muscles and left-to-right reading patterns that are necessary for reading.

Don't rush it. Body builders don't train in a day, neither does a child.





If your child is having difficulty, he/she might need more practice with the alphabet. Get a fun book about the alphabet and read that lots of times. Then come back to Progressive Phonics.

And most important of all, HAVE FUN!



Quick Start Guide Continued...

Words that a child should be able to read by now are printed with BLUE ink – if your child can't read them easily, go back and review the earlier books.

The new words being learned are "big, red words".





My cat is **black**, as **black** as night — except for his **back**,

which is white as white.



Words or grammatical constructions that a child has not learned yet are written in black ink. These words are supposed to be read by the parent/teacher. **

** Your child can try to read them, but don't worry too much about them – they are taught later, either in later Progressive Phonics books, or in spelling or grammar at school.

Unless your child is a fluent reader, we recommend that the child read ONLY the big, red words the first one or two times through the book.

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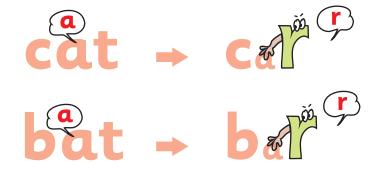
Note! You read pages like this TO your child.

(All pages with this "ear" on it are read TO the child; the "ear" means that the child is supposed to listen.)



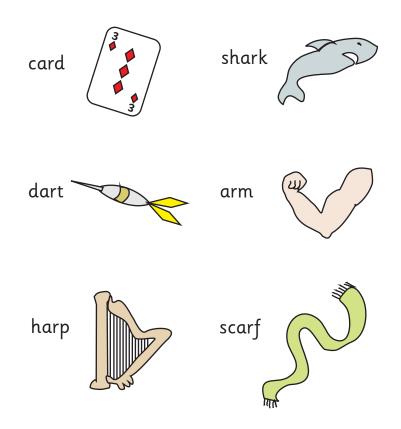
When an "R" comes AFTER a vowel (a letter a, e, i, o, or u) — watch out! The letter "R" wants to be the boss of the word, and changes how the vowel sounds.

When the letter "R" comes after the letter "a" – he changes "cat" to "car" and "bat" to "bar".



The "R" squashes the "a" and calls out his own name, "R". Now you can hear only a little bit of the "a" and a lot of the "R" — car, far, star.

Listen to how the "R" sounds in these words — listen and say after me...



(More example words if you need them: far, scar, hard, mark, farm, sharp, start, cart, large, and starve.)



I know a cat
who is very, very fat.
He can't walk far,
so he drives a car.

The cat puts on his hat and scarf; he gets in his car and drives to the park.



A star in a jar is better

than a star up in the sky —

you can wish upon a star in a jar

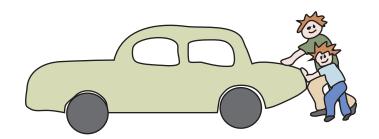
in the day, not just at night.

But I don't have a star in a jar,

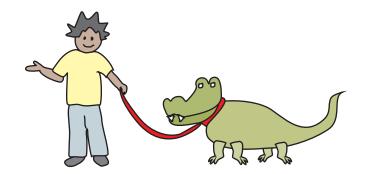
though I try and try and try,

it is really hard to catch a star —

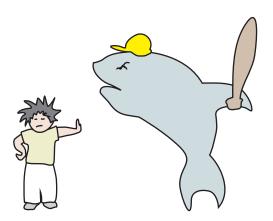
a star is much too high.



We got in the car
to go to the park;
we got in the car
but the car wouldn't start.
You can't go far in a
car that will not start,
so we pushed the car
across the street to the park.



My dog, Carl, is not
too smart – he says
"raaaah" when he wants
to bark. He sleeps a lot
out in the yard; learning
how to sit is much too hard.
But I love Carl, though
he can't catch a ball –
sometimes I think Carl
is not a dog at all.



I am glad that I am not a **shark** —

a **shark** is not allowed to play at

the **park**. If I was I **shark**, I couldn't

play at all — if you haven't got an **arm**,

you can't catch a ball. So go away, you

silly **shark** — you are not allowed

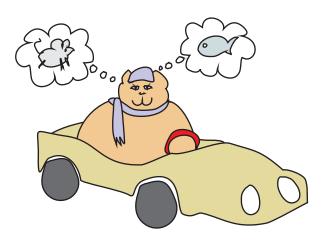
to play at the **park**.



Note! Comments by Miz Katz are read TO your child.



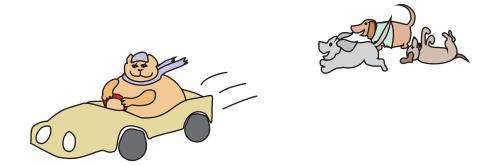
In the word "are", the naughty silent "e" doesn't do anything, so "are" sounds like "car" and "far".



"Mice are nice," said a cat called Carl, as he sat in his car with his hat and his scarf.

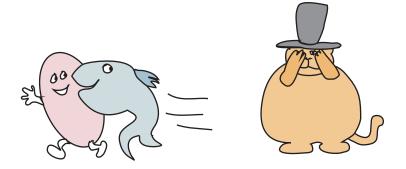
"Mice are nice, and fish are too.

They are nice for dinner — they are very good food."



"We are big, and we are bad,"
said three big dogs to Carl the Cat.
But Carl just laughed and turned the key
to start his car, one, two, three.

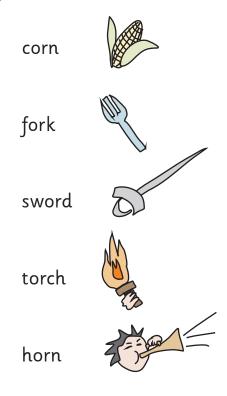
"Are you tired?" Carl asked the dogs,
but not one dog was there — the dogs were
far behind, gasping for air.



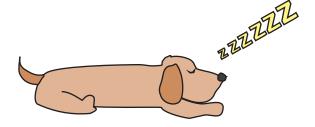
"My teeth are sharp,"
said the cat to the carp —
a carp is a kind of fish.
The carp said, "Cat, you are
silly in that hat, but I will give
you just one wish." The cat closed
his eyes and oh, big surprise,
the carp ran away with the dish.



When the letter "R" comes after the letter "O", he totally changes how the letter "O" sounds — he changes "shot" to "short" and "spot" to "sport" — listen to what the "R" is doing:



(More example words if you need them: storm, cord, lord, cork, fork, torn, port, sort, and north.)

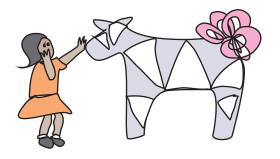


My dog, Spot,
wants to play a sport,
but which sport should
he play? Could Spot
play a sport like baseball?
Could Spot play a sport
like golf? Or maybe Spot
just doesn't have time to chase
a silly ball.



I am hungry **for** a fish, said the cat to himself.

A fish **for** lunch, **or** maybe some mice... **or** a frog, **or** a bug – no, those are not nice.



Oh, look! A gift for me!

Can I open it now, or should

I wait till three?

And, oh, what fun, I like to guess —
is this gift for me a cow?

Please say yes!



All the people in New York

drink their water with a fork.

It makes them sniff,

and it makes them snort —

but that's how they drink

water in New York.



When I was born,
I was very, very short;
I could not run or
play any sport.
And now that I am one,
I am still very short.
I still can't walk,
and when I talk, I snort.



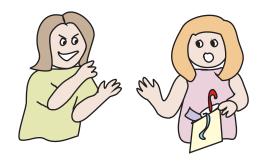
I sat on the porch, and I ate some **COrn**. I listened to my brother play a song on his **horn**. A summer **storm** dropped rain from the sky, and as I ate my **corn**, I was glad to be alive.



In the word "your", the letter "u" is sleeping and doesn't do anything to stop the letter "R" from changing the way the letter "o" sounds. Because of this, the word "your" sounds like "for" and "or".



"Your hand is on my head," said the 'O' to the letter 'R' -"I can't call my name **O**I" make my normal sound." But the 'R' just smiled, "That is what an 'R' is for." And the letter 'U' said nothing she was sleeping on the floor.



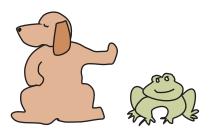
Is your candy for you,

or is it for me?

And is this your gum, or
is this gum for me?

One for you, and three for me —

I want to share your candy,
so give it to me.



Your cat came to my house for a cup of hot tea. Then your dog came over for a game of Frisbee.

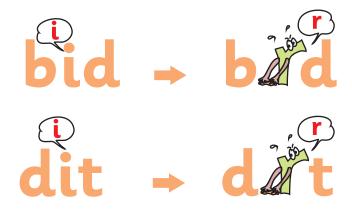
Then it was your fish, and then it was your frog. Then they all went back to your house, except for the dog. Your dog is very sorry, but he doesn't like your frog.



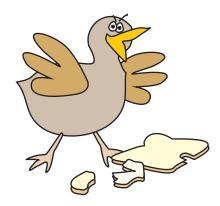
When the letter "R" comes after the letter "i", oh boy! The letter "R" squashes the letter "i" so flat, that you can't hear the "i" at all.



The letter "R" changes "bid" to "bird", "dit" to "dirt", and "stick" to "stir".



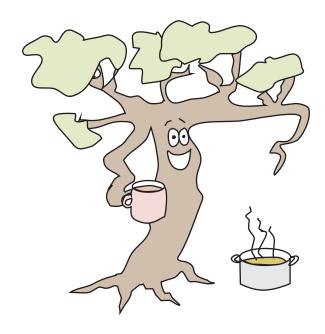
(More example words if you need them: birth, first, girl, shirt, skirt, squirt, third, stir.)



A bird took a bite of a bit of bread. A bird took a bite of me.

The bit of bread said nothing; the bird said, "Hee, hee, hee."

And I said, "Oh you bad, bad bird," to the bad bird that bit me.



I use a **stick** to **stir** my soup, and I use a **stick** to **stir** my tea.

I use a **stick** to scratch my back because I am a tree.



I fell down in the dirt three times today.

The first time that I fell in the dirt,

I got some dirt on my shirt.

The second time that I fell in the dirt,

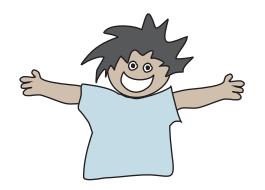
I got some dirt on my skirt.

The third time that I fell in the dirt,

the dirt said, "Hip hooray!"



I would like to be
the first girl on the moon.
And I would like to be
the first girl in this room
to say that she would like to be
the first girl on the moon.



Today is my birthday,
hooray for me.

Today is my birthday,
and I am three.

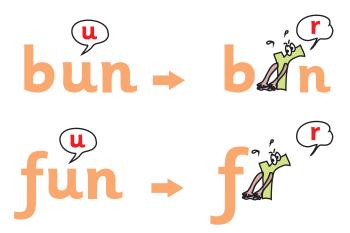
I love my birthday,
and my birthday loves me —
if today is your birthday,
come play with me.



When the letter "R" comes after the letter "u", the letter "R" also squashes the letter "u" flat so you can't hear it.



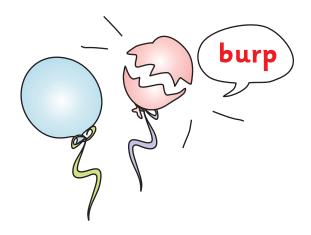
The letter "R" changes "bun" to "burn" and "fun" to "fur".



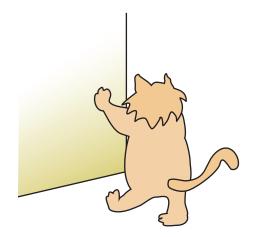
(More example words if you need them: blur, curl, lurk, hurl, turn, hurt, burp.)



If I had a lot of fur,
I think it would be fun,
because if I had a lot of fur,
it would be fun to curl
my fur — a great, big curl
above my nose and an itty-bitty
curl on each of my toes.



Why can a baby burp,
when a kid can't burp at all?
And do you think
a bug can burp,
if a bug is on the wall?
And what makes a balloon go pop —
did it burst,
or did it burp?



My cat can't see too well;
to her, my face is a blur.
She will walk into the wall;
the wall is just a blur.
To my cat, everything is a blur
because my poor little cat
can't see past her fur.



I do not want to **burn** my hand,

so I never play with fire.

A burn can hurt –

a burn can hurt a lot.

So do not touch the fire, and do not touch the pot.



It is my **turn** to **turn** around — to **turn** around and 'round.

I love to **turn** around,

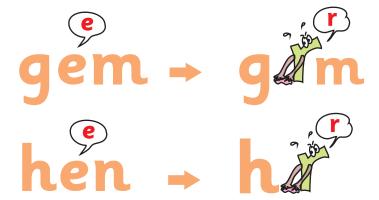
I love to turn, turn, turn.



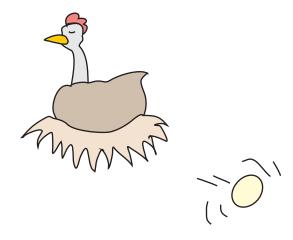
When the letter "R" comes after the letter "e", the letter "R" squashes the letter "e" so flat that you can't hear it at all.



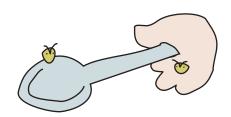
The letter "R" changes "gem" to "germ" and "hen" to "her".



(More example words if you need them: Bert, germ, herb, verb, dessert, nerve, serve.)



A hen sat on her leg; she sat on her leg all day. The hen didn't know that her silly, silly egg was rolling far away.



A **germ** sat on my finger, and a **germ** sat on my spoon.

You can find a **germ**almost anywhere – but can you find one on the moon?



Bert is not a jerk; Bert is nice.

His mother thinks he is twice as nice.

"Bert," she says, "Oh, Bert,"

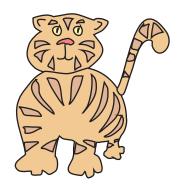
says she, "you are the very best Bert

that a **Bert** can be."



You will see "e" and "r" at the end of a lot of words, like "mother" and "brother". You will learn more about this later, but

when you see an "e" and an "r" at the end of a word, you can't really hear the "e" — it just sounds like a little "r" going "rrr" at the end of the word.



My mother and my brother, and my sister too, went to see a tiger at the zoo. The tiger had a tail that was bigger than me, and my brother said the tiger had bigger, better feet.



My teacher said
a letter is better
when you never, ever
get it wet. If you get a
letter wet, the wetter
it gets, the harder
it is to read.



I went for a run with my dog, Rover.

We ran over a bridge, and under

a tree; we jumped over a rock,

and Rover said, "Wheee!"



In the word "were", the naughty silent "e" doesn't do anything, so "were" sounds like "her".



We were in her room,
but we were not asleep;
our teeth were clean,
and our feet were neat.
We were counting sheep,
to try to get to sleep,
but all her sheep were
saying beep, beep, beep.



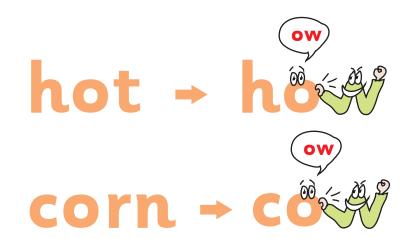


My mother said not to come
in yet — our shoes **Were** muddy
and **we were wet**.





When the letter "W" comes after a vowel, the letter "W" can't help himself — he pinches the vowel hard! - and the vowel says, "ow".



(More example words if you need them: allow, brow, brown, chow, cow, crown, down, fowl, howl, now.)

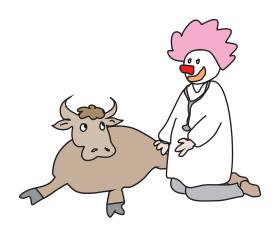


I knew the bath was hot, but I did not know how hot it was.

I put my hand into the bath —
"Ow!" I said as I jumped way back.
The bath was hot, as hot as can be — how hot was the bath?
Too hot for me!



I ran down the stairs
and into the yard.
I ran down the road
as fast as a car.
I went down to the store
for an ice cream – BUT...
do I gobble it down,
or eat it all up?

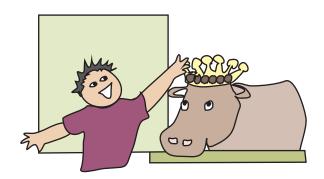


"Ow!" said the cow when she fell down. A doctor came, dressed as a clown. The doctor gave the cow a bath; the doctor made the little cow laugh. "How now, brown cow?" said Doctor Clown.

The **COW** smiled and said, "Now, wow!"



My dog wanted to eat some **chow**. "Not now," I said with a **frown**. My dog wanted to go out and play. I said, "Not **now** – please go away." My dog started to **SCOW**. My dog started to **growl**. "Bow-wow," said my dog, biting my toe. "Not now!" I said with a howl.



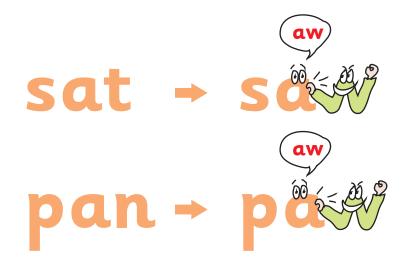
My **cow** thinks she's the queen of the **town**, but she wears her **crown** all upside **down**.

I told her not to wear her **crown** on her head all upside **down**.

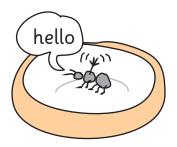
I fixed her **crown** of gold and **brown** and set it straight on her **brown brow**; I said, "**How now**, **crown cow?**" And the **cow** said, "**Now**, **wow!**"



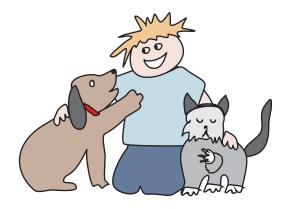
When the naughty "W" pinches the letter "A", the letter "A" says "awww!"



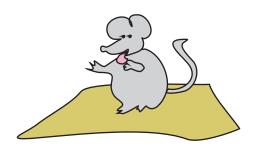
(More example words if you need them: crawl, dawn, draw, hawk, jaw, law, lawn, raw, shawl, thaw, yawn.)



When I **sat** down to eat my lunch, I **saw** a bug in my bowl. The bug **sat** down when he **saw** me; he waved his hand and said, "Hello!"



I don't mind it if my dog
tries to **pat** me with
his **paw**, but I don't like it
if my **cat** tries to scratch me
with her **claw**.

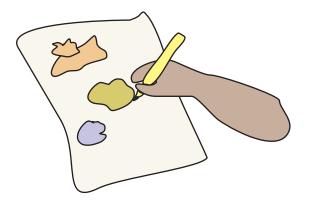


I thought I **Saw** a cat as it **sat** upon the mat; I **saw** the

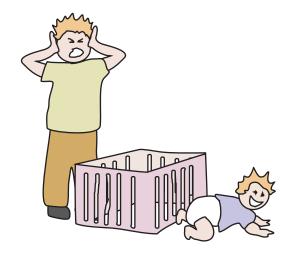
cat with both my eyes, but my

eyes were telling lies. The cat

that I **saw** licking its **paw**was a mouse — oh, big surprise!



I can **draw** an orange cat, or maybe that's a dog.
I can **draw** a house, or maybe that's a blob.
I can even **draw** a circle — oops, I think that is a star.
I can **draw** a lot of things,
I just don't know what they are.



I **saw** my baby sister **crawl** across the floor.

I saw my baby sister crawl out the door.

I got my baby sister and put her back in her play pen; then I **saw** my baby sister **crawl** out again.



When I want to go to sleep,
I yawn and yawn and
yawn. I get so tired that I want
to sleep from dusk until dawn.
And then, after dawn, when the
sun is in the sky, I lay down on the
lawn, and yawn and yawn
and yawn.



I do not like to eat

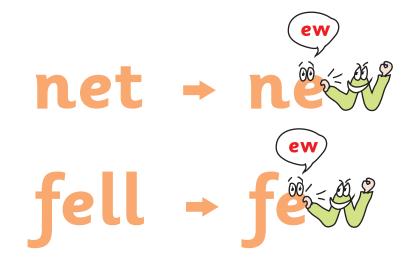
raw, raw meat.

But a **raw** apple – yum!

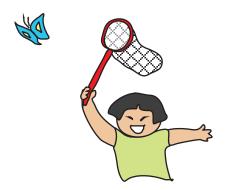
Down into my tum!



When the naughty "W" pinches the letter "E", the letter "E" says "eewwww!"



(More example words if you need them: blew, brew, chew, crew, drew, flew, grew, knew, stew.)

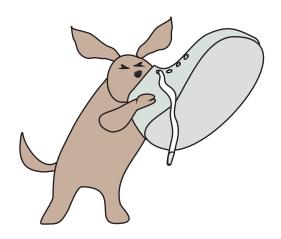


I bought myself a nice, **new net** to catch a butterfly.

I took my **new net** to the park and held my **new net** high.

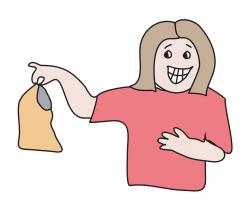
But I did not catch a butterfly in my lovely, nice, **new net**;

I caught some leaves and a lot of air in my lovely, nice, **new net**.



I like to **chew** bubble gum;
my dog likes to **chew** my shoe.

If I gave my dog some
bubble gum to **chew**,
would he **chew** the gum
or blow bubbles with my shoe?



I thought I would eat a **few**chocolate candies – just a **few**bites, but I ate the whole bag – eeee!
So, mother dear, can we wait for
dinner? Just a **few** hours while
my tummy gets thinner?



In the word, "knew" the letter "K" is silent, so the word sounds like "new" but when you read and write it, it has the silent "K".



Last night I went to sleep in my

new bed – and I grew and
grew and grew.

I knew I was bigger when

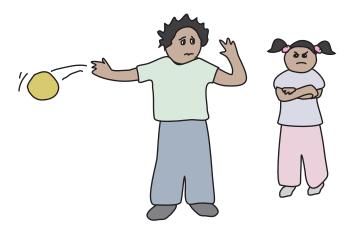
I woke up – I knew

because my bed was smaller

than a cup.



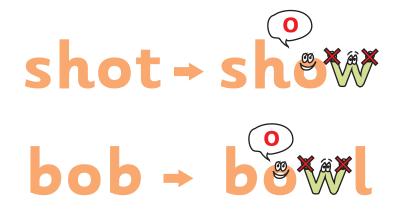
I **knew** a cat who liked to cook **stew**. One day the cat said, "Try this **stew**." I took a bite, and I said, "**Ew**!" Then I had to **chew** — and **chew** and **chew** and **chew**. I asked the cat if he **knew** what was in the **stew**. He said, "A stick of gum and a rubber shoe."



My sister **threw** a ball at me — I **threw** it back, but I hit her on the knee. She **threw** the ball back, trying to hit me on the head; I did not want to fight, so I **threw** the ball away instead.



Sometimes, the naughty "W" doesn't pinch the letter "O", and the "O" is so happy that he calls out his name — "O".



(More example words if you need them:, try: blow, crow, flow, glow, grow, know, low, mow, slow, snow, throw, tow.)



I want to go play in the snow so I can make a snowman.

And if you throw some snow at me, then I will throw it back... So let's go play in the snow and have a snow attack.



If I run too fast, my brother says no.

He says "Go slow, go slow –

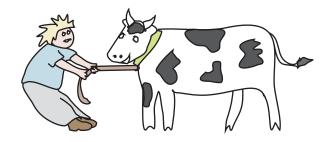
no, no, no, go slow."

And when my brother grows up and gets a car, I will say, "Go slow, go slow – no, no, no, qo slow."



There is no easy rule on when the "W" pinches the letter "O" — you just have to say it both ways to figure out what

makes sense. Soon, you will have it memorized and it will be easy.



My cow was very slow – so slow she could barely go.

I told my **cow** to **go** faster;

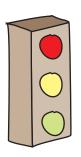
I said, "Please," when I asked her.

I even tried to **show** her **how** to run along, **now**, **now**, **now**.

But my little **cow**, **so** very **slow**, did not want to **90**, **90**, **90**.



I wish I had a pet of my own,
but what pet should I own?
Should I own a cat, black or brown?
Or should I own a dog and dress it
like clown? But I can't have a cat
or a dog of my own – my mother says,
"Wait till you are grown!"



Red means stop,
and green means go.
Yellow means careful –
yellow means slow.
I like green because I like to go,
and yellow is... hmmm...
yellow is too slow.



I went to town in my mother's yellow gown. I fell down in the mud, and the gown turned brown. "No, no, no," said my mother with a frown, "You can never wear my yellow gown to town." Now I have to wait till I am grown to get a yellow gown of my own.



My brother has a pet **brown** owl; the brown owl always wears a **scowl**. Maybe the **owl** doesn't like to eat dinner with his big, brown feet. Maybe the owl wants dinner in a **bowl**; maybe he wants it hot, not cold. So I gave the owl a bowl of soup, and the brown owl thanked me with a hoot.



Remember, when you see the letters "K" and "N" together, the letter "K" is silent.



I know a lot of stuff now that
I am six: I know how to count,
I know how to read, and
how to tie shoes on my feet.
But I don't know how to drive a
truck – my dad says he will show me
how when I grow up.



I put a little tree in a pot;
I thought I would watch it grow.
But it took so long I fell asleep —
I did not know that a tree
was so slow to grow.



I know that she is a cat. My
cat thinks she says bow-wow,
But I know she says "meow".

And now my cat wants doggie
chow, and she wants to eat it
now; but I have always fed her
doggie chow – do I feed her
cat food now?

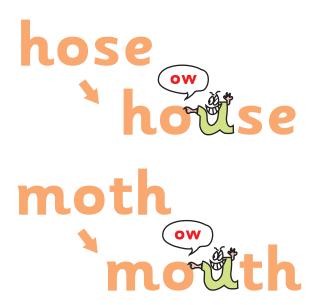


I want to blow a bubble;
I want to blow one now;
I want to show my friends
that I really do know how.
I have a lot of bubble gum,
and air down in my lungs;
but I cannot blow a bubble —
can you please show me how?

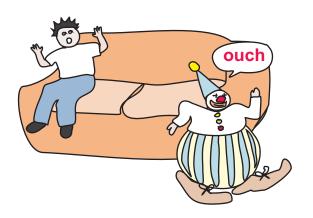




Sometimes, when the letter "U" stands next to the letter "O", the letter "U" is naughty (just like the letter "W") and pinches the letter "O" very hard, making the letter "O" say "ow".



(More example words if you need them: couch, count, found, loud, mouse, out, round, sound, south.)



The **couch** said "**ouch**" when I sat down, but it wasn't the **couch**, it was a clown.

The clown turned **around** and ran **out** the door, before I could sit on him anymore.



I have a dog with a very long snout; his snout is so long that he has to shout. But the shout gets lost in his very long snout, and it isn't a shout that ever comes out — by the time that the shout reaches my ear, an itty bitty whisper is all I can hear.



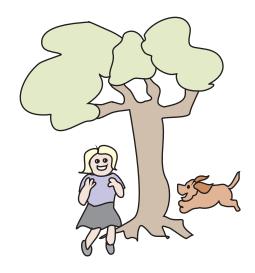
Look what I **found** in my toy

box – I **found** a **round** clown.

I put the **round** clown down

on the **ground**; I pushed a button,

and he made a **loud sound**.

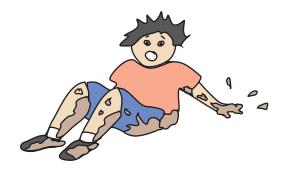


I ran **around** the tree;

my dog ran after me.

We ran around and around the tree -

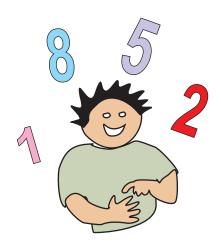
I did not catch him, and he did not catch me.



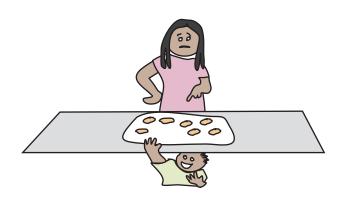
Did I fall down on the muddy, brown ground, or did the ground fall up on me? And how about the time I fell out the window — did I fall out, or did the window throw me out?







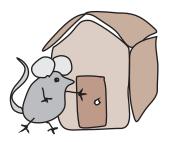
I can **count** from one to ten;
I can **count** again and again.
Can you **count** as well as me?
One, two, nine, ten, three.



I know I know how to **count**;
I know I can **count** quite well.
I baked a bunch of cookies,
and, oh, how good they smell.
The first time I did a **count**,
I know the **count** was eleven —
but I just did another **count**,
and the **count** is only seven.



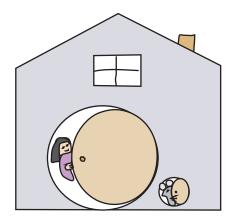
There is a silent "e" at the end of "mouse" and "house", but the silent "e" doesn't do anything to change the way "house" and "mouse" sound.



I read a book about a mouse

who lived by himself in a little brown

house. The mouse ran about his little brown house, looking for a cat so that he could shout: "Get out, get out, you big, bad cat — I am a man of a mouse, and this is my house!"

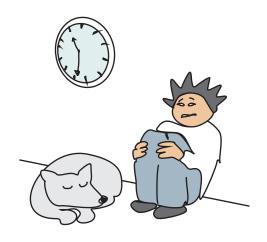


I like drawing circles — they are nice and **round**. I draw them on paper; I draw them on the **ground**.

When I grow up and get my own house, I want a round door for me, and a round door for my mouse.

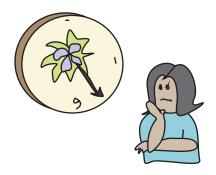


In the word "hour", the "h" is silent, so it sounds just like another word - "our".



I had to wait an hour for our dog to eat, and then I waited an hour for our dog to sleep.

If I wait another hour, it will be too late; hour after hour, wait, wait, wait.



Our clock has no hour hand to point to the hour.

Our clock has no numbers,

just a painted-on flower.

Why do we keep **our** clock?

We never know the time.

I want to throw away **our** clock, but **our** clock isn't mine.



I ate some candy that was so **SOUR**, my tongue jumped

out for about an hour.

I glued it back on with water and flour, but it fell off again after an hour.



But the letter "U" doesn't always get to pinch the letter "O", like in the words "you" and "soup" —

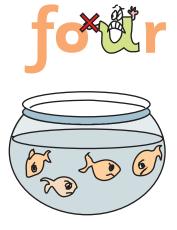


I made you a pot of soup about an hour ago.

I made a pot of soup, and I made it just for you – snails and stones and about ten bones – you will like this soup, I made it just for you.



The letter "U" also doesn't pinch the letter "O" in words like "four" and "your" —



Your four fish are mean to me, and your four fish will not speak to me. Wait! Those are my fish, not your fish? Then my four fish are mean to me, and my four fish will not speak to me...



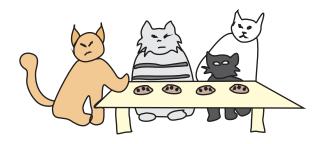
I asked my cat to pour me a nice hot cut of tea.

I asked four times,
but she did not pour the tea.

Why did my cat not pour any tea? Because the four times I asked, I did not say please.



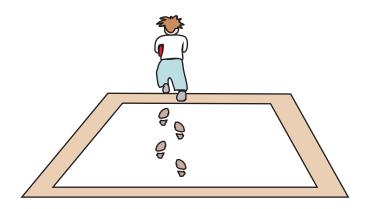
The words "for" and "four" sound the same, but we spell them differently so it's easy to see which is which.



for my four cats and myself,
and I want to have four cookies
from the box up on the shelf.
One for Jane, one for Kate,
one for Fred, and one for Jake.
But my cats don't like cookies or tea,
so I get four cookies just for me.



Isn't it funny — the words "you", "your" and "our" all have "ou" in the middle, but they all sound different?



Our house is at the end of the street, and if you ever visit, you should wipe your feet. Our carpet is white, and our mother says, "No shoes!"

So if you ever visit, you should never bring your shoes.



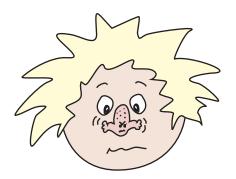
Here are six "stories" that "mix up" a variety of words learned in this book.

Read and re-read this book – and earlier Progressive Phonics books as necessary – until your child is very comfortable with these words.

The whole idea is to get each word into a child's "word bank" – many children need to see a word thirty or forty times to get it into his or her word bank. Children with a learning disability may need to see a word a hundred-and-forty or more times to get it into his or her word bank.



We were playing hide and seek, but no one **found** me. I waited about an hour, or maybe it was three. When I came out, there was no one about. "I am the winner!" I said with a shout. But when I found my brother he was reading a book - he said, "You did not win, it was your turn to look.



Is your nose nice?

Or is it mean to you?

Does it honk or beep every time

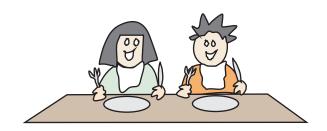
you try to eat? Does your

nose drip for an hour; does it

sneeze when you smell a flower?

Your nose may be nice,

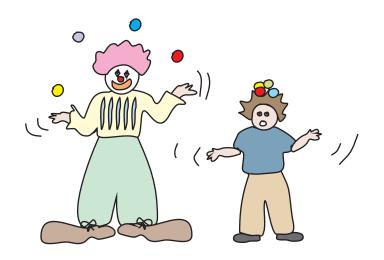
but is it nice to you?



When we want our dinner,
we say, "Now, now, now!"

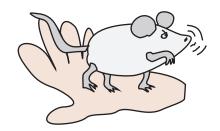
Our tummies get so hungry
we say, "Ow, ow, ow!"

But if we forget our manners
and we do not say, "Please",
then we do not get our dinner —
not even the peas.

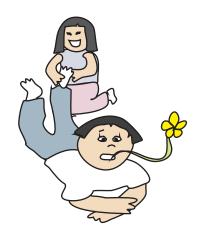


I know a clown who can juggle with four balls. The four balls go around and around, and the four balls don't fall down.

If you had four balls, could you keep them in the air? Or would your four balls land in your hair?



It took a clown an hour to walk to our house. Then the clown spent an hour talking to your mouse. Why did the **clown** come to our house? And why did the clown talk to your mouse? I wish your mouse would tell me - but your mouse will only sniff and smell me.



My very loud brother has
a very loud mouth – he can
never speak, he can only shout.

If I tickled four of his toes for
about an hour, do you
think his shout would come
out like a flower?

THE END